

CLERE JOURNEY

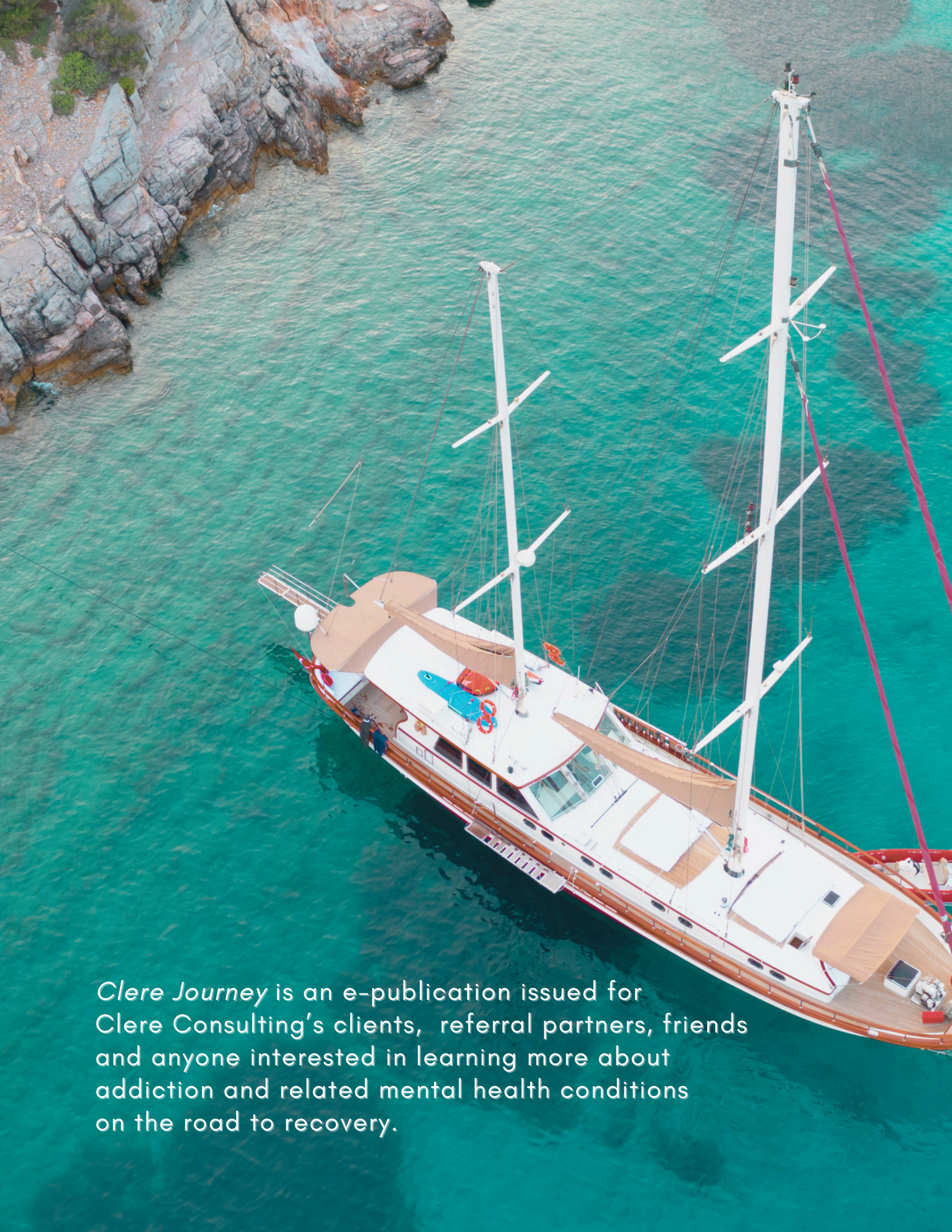
**PARTNER
PROFILES**

**MEET THE
TEAM**

SERVICES



CLERE CONSULTING, LLC
FALL 2026

An aerial photograph of a white sailboat with orange accents, sailing on clear turquoise water. The boat has two masts and is positioned diagonally across the frame. In the upper left corner, a rugged, rocky coastline with some greenery is visible. The water's clarity allows for seeing the seabed beneath the boat.

Clere Journey is an e-publication issued for Clere Consulting's clients, referral partners, friends and anyone interested in learning more about addiction and related mental health conditions on the road to recovery.



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Why We Work Together

Clere Consulting's Team members work in teams and provide support to each other. And, we are friends.

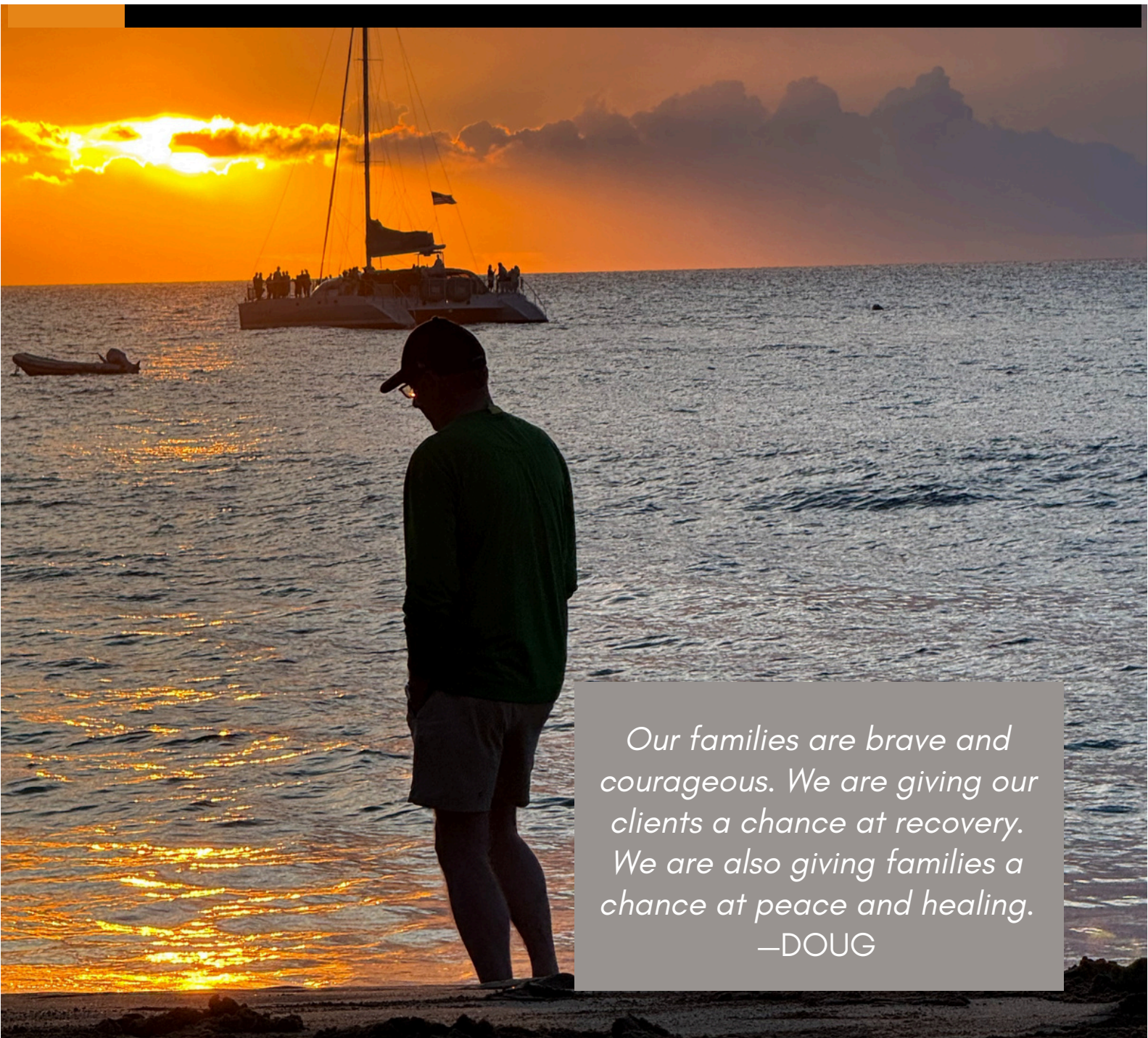
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Clere Services

Brief overview of Key Clere Consulting Services offers an understanding of the scope and breadth of services available.

Doug Lyons

FOUNDER, PARTNER



Our families are brave and courageous. We are giving our clients a chance at recovery. We are also giving families a chance at peace and healing.
—DOUG

More about Doug

Oregon beginnings with Texas roots



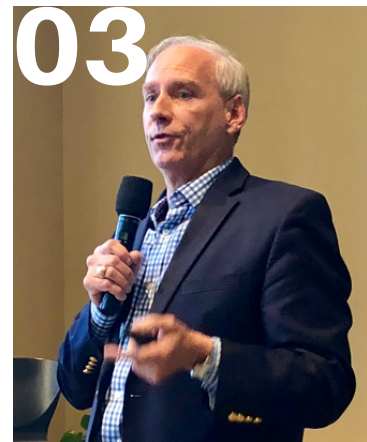
Recovery Way of Life

Doug's personal foundation of recovery informs the empathy, steadiness, and credibility he brings to families navigating some of life's most difficult waters.



Treatment Expertise

His expertise is in the design of complex solutions for individuals, families and family businesses struggling with substance abuse and/or family business dysfunction.



Business Background

Doug's background is a combination of clinical and financial systems experience which allows Doug to navigate the realities many families face when personal crises affect enterprise continuity.



AMY PROUTY, PARTNER



Amy Prouty has extensive experience in treating addiction and expertise in parent/child dynamics. She prides herself in “walking through the fire with families,” helping families restore, or develop for the first time, age appropriate and functional family roles — moving people from policing to parenting, over-dependence or over-functioning to independence and integrity.



More about Amy



Experience the Best of the Best

Prouty is known to bring levity to the process when appropriate, because as she explains, “When a family is ready to call us and take action, that’s the good news! The years of suffering and deal-making it took to get to that place of readiness — that was the hard part, that was the tragedy. When the work begins that’s where hope and liberation are found.”

JASON WOODRUM

SENIOR CONSULTANT

Jason Woodrum brings a powerful combination of clinical training, lived recovery experience, and deep relational skill to individuals and families navigating addiction, mental health challenges, and family-system disruption. A licensed Clinical Social Worker, Jason is known for helping families move from fear, confusion, and reactive patterns toward healthier boundaries, restored trust, and long-term recovery.



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Jason is particularly valued for his ability to deliver clear, timely feedback with compassion. Families often need honest guidance delivered in a way they can hear and act on.

NEELY CARLTON LYONS, JD SENIOR CONSULTANT

Neely Carlton Lyons brings a distinctive combination of public leadership experience, high-stakes negotiation skill, recovery expertise, and lived family perspective to individuals, families, and organizations navigating addiction and mental health challenges. With a professional background spanning law, politics, government, and advocacy, Neely is especially valued for her ability to remain calm under pressure, listen deeply, and guide people through emotionally charged and high-consequence decisions with steadiness and discretion.



**Former State Senator, Lawyer
and Business Entrepreneur**



CLERE JOURNEY



*"I LOVE WORKING WITH
FAMILIES. IT IS A PRIVILEGE TO
SUPPORT THEIR HEALING
JOURNEY." - NEELY*

LEAH RANDI SENIOR CONSULTANT

Leah Randi brings more than 15 years of professional experience in addiction recovery support, combined with a unique background in the music industry, public-facing environments, and long-term personal recovery. She is especially valued for her ability to engage quickly and effectively with individuals who are resistant, high-profile, high-performing, or in active crisis—meeting them with compassion, credibility, and what many families describe as relentless engagement.



“PERSONAL GROWTH ALWAYS RESULTS WHEN WE ALLOW OURSELVES TO EXPAND BEYOND THE FARTHEST BORDERS OF WHAT OUR LIVES HAVE BEEN SO FAR.”
- LEAH

RYAN SALTER SENIOR CONSULTANT

Clere Consulting is pleased to announce that Ryan Salter has joined our team. With more than 25 years of clinical and administrative experience, Ryan will help families and family systems navigate high-stakes decisions, treatment transitions, relapse concerns, mental health challenges, and the often-overlooked work of family recovery.



CLERE JOURNEY



OUTSIDE OF HIS PROFESSIONAL WORK, RYAN ENJOYS RESTORING OLD CARS, WOODWORKING, HIKING, AND SPENDING TIME IN THE MOUNTAINS WITH HIS WIFE.

LUCIE MIKOLASKOVA DIRECTOR OF FINANCE

Lucie is especially valued for her ability to combine high standards with human warmth. Families often come to Clere during stressful or vulnerable seasons of life, and Lucie understands that every interaction matters. She is known for responding promptly, handling sensitive matters discreetly, and helping clients feel supported rather than overwhelmed. Her calm professionalism often sets the tone for the client relationship from the very beginning.



CLERE JOURNEY



OUTSIDE OF WORK, LUCIE ENJOYS PHOTOGRAPHY, HIKING, CAMPING, FISHING, READING BY THE FIRE, AND TRAVELING BACK TO EUROPE TO SPEND TIME WITH FAMILY AND FRIENDS. ABOVE ALL, SHE TREASURES TIME WITH HER FIANCÉE AND THEIR DAUGHTER.

A high-angle photograph of a rowing team in a boat on a body of water. The team is moving away from the viewer, leaving a wake. The water is a deep blue-green color.

WHY WE WORK TOGETHER

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ENERGY

We apply effective clinical principals backed by practical and personal

experience from real people who understand your unique needs. Our team's brings clinical, legal, business, public policy and entrepreneurial backgrounds together in support of high profile clients and their families.

EXPERTISE

Clere Consulting's team utilizes a verifiable change process enhanced by personal experience to help you and those you love successfully navigate addiction and its diverse paths to recovery. What we have learned over the past 150+years of our combined experience helping affluent and respected clients is that no two recovery journeys are ever the same. Each organization, each family and each individual are unique.



CLERE SERVICES

TRUSTED RESOURCES

Our team has the expertise to guide you and your clients or loved one on their unique and complex journey with creative, individualized solutions. All of our services are customized to the particular needs and challenges of each client.



CLERE JOURNEY



TREATMENT IS ONLY THE BEGINNING

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reatment program is just the beginning of the recovery process. As you or your loved one navigate the complexities of reintegrating back into life,

our team is there to ensure that plans are in place to ensure a successful transition.

Training for success

If you've ever played team sports, or engaged a personal trainer, you are familiar with the concept of coaching. Throughout your training, a coach implements a plan for success keeping your individual strengths and challenges in mind.

When you excel, your coach is there to praise you and push you to the next level; when you stumble, your coach is there to help you analyze what went wrong and establish a firm game plan to achieve your desired results.

Training for life

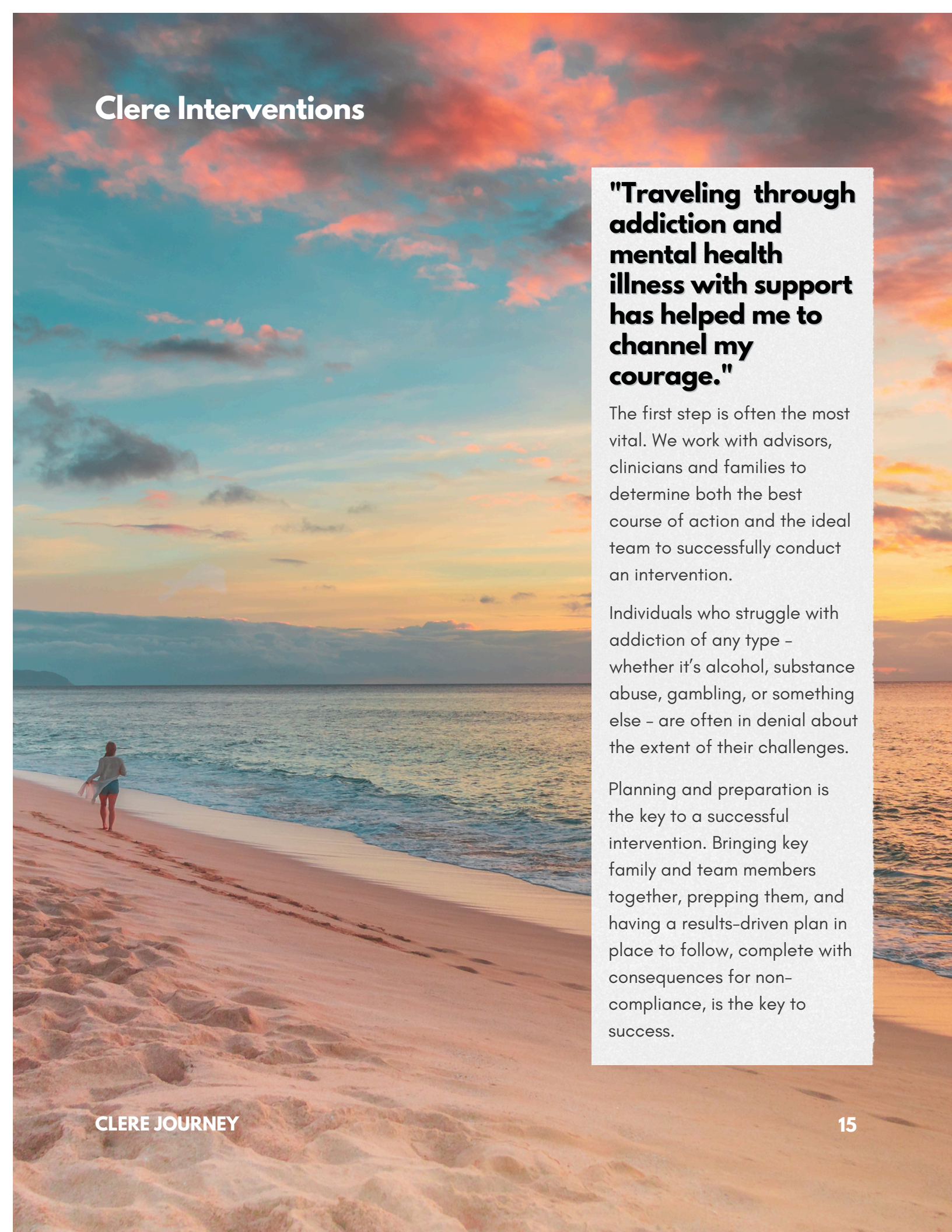
The same fundamentals apply in a much different and more serious game with long-term goals – the journey of recovery. Just as in any sport, team members may share the same goal, but they don't fully understand their role on the team or the steps required to secure the victory. That's where a skilled and experienced recovery coach steps in with a results-based plan. He or she will ensure that every team member is working toward the same goal, fully understands their role in the process, and is making progress toward a predictable and verifiable result. That result is a real and sustained recovery that puts all the players back on the same page.

TRAVEL PRO TIPS

If you've ever learned to sail, played team sports, or engaged a personal trainer, then you are familiar with the concept of coaching.

Throughout your recovery, a coach implements a plan for success keeping your individual strengths and challenges in mind.

When you excel, your coach is there to praise you and push you to the next level; when you stumble, your coach is there to help you analyze what went wrong and establish a firm game plan to achieve your desired results.

A full-page background image of a person walking away from the viewer on a sandy beach towards the ocean at sunset. The sky is filled with vibrant orange, pink, and blue clouds. The person is in the lower left, leaving footprints in the sand. The ocean waves are visible in the distance.

Clere Interventions

"Traveling through addiction and mental health illness with support has helped me to channel my courage."

The first step is often the most vital. We work with advisors, clinicians and families to determine both the best course of action and the ideal team to successfully conduct an intervention.

Individuals who struggle with addiction of any type – whether it's alcohol, substance abuse, gambling, or something else – are often in denial about the extent of their challenges.

Planning and preparation is the key to a successful intervention. Bringing key family and team members together, prepping them, and having a results-driven plan in place to follow, complete with consequences for non-compliance, is the key to success.

TRAVEL SMARTER

The literature and the research are telling us that those businesses have a high likelihood of not succeeding. Add in the complexities of addiction and the odds escalate.

That's where we come in

We collaborate with single and multifamily offices, attorneys and advisors to family businesses to create tailored, long-term, effective strategies to positively promote change in addicted family members and employees. We bring in the professionals needed to encourage recovery, maintain confidentiality, and effect real and lasting change that can help the next generation of your organization – and your family – navigate the road ahead.

CLERE JOURNEY

Planning for Success

Running a family business is challenging in the best of circumstances; addiction issues add another layer of complexity.

A successful transition takes years of planning, especially to open the intergenerational lines of communication. Most family founders and their heirs are tempted to see the succession as transactional in nature: The valuation and terms of the sale are in place, and the tax and financial implications are understood. But the impact of family dynamics on the future business – all the land mines and obstacles to a successful transition between the generations, siblings and in-laws when the balance of power and control shift – is vastly underestimated.



TRAVELING BY YOUR SIDE

EXPERIENCE THE BEST OF THE BEST

When you need someone to walk by your side for a segment of your journey, our team is there to assist. We can take you to where you need to go and ensure that everything is ready for your arrival. Available on a short-term or a more long-term basis, these companions offer a sense of stability by being there at a time when a return to normal routines can feel overwhelming.

These culturally competent individuals are accustomed to dealing with clients of high net worth and/or prominence and the particular life challenges they face.

NAVIGATING THE JOURNEY WITH ACCOUNTABILITY

"Recovery is like travel. Both broaden my worldview. I meet new people, explore the past and present, and learn new ways of moving in the world."

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uccessfully navigating the journey ahead should never be left to chance. We incorporate evidenced-based principles taken directly from proven, high-outcome monitoring programs

used by airlines for their pilots and health boards for their practicing physicians that meet the needs of all parties involved and the challenges of complex situations.

OPPORTUNITY SEIZED

Wealth and privilege afford many opportunities as well as some challenges. The challenge of effectively ensuring that an individual is taking the necessary steps to achieve a lasting recovery and is hitting established landmarks along the way is made more difficult when you add in the responsibilities inherent in maintaining a lifestyle of some prominence.

Our team is well-versed in successfully helping this unique cultural group achieve their desired outcomes. Well-planned and coordinated monitoring is conducted in a manner that ensures benchmarks are being met while maintaining client confidentiality.



EVERY JOURNEY IS UNIQUE

The best treatment facility is the one that is ideally suited for each client. We have relationships with premier facilities and clinicians and excel at matching every client with the team that is best for them.

Our highly specialized team of professionals offers an unparalleled depth and breadth of connections among the finest and most highly regarded treatment facilities and nationally renowned clinical teams. We use that intimate knowledge to put together the right set of services, conducted by the proper team to maximize the potential for each individual client's success.



Clere Workshops and Training

TRAINING YOU FOR THE JOURNEY



Sought After Speakers

Clere Consulting's principals and partners are sought-after speakers on both the national and international stage.



Complex Cases

With backgrounds in all aspects of business, legal and financial advisement, we understand the challenges professionals like you face and the nuances of dealing with affluent family members.



Professional Development Training

We conduct professional development training for elite advisors or holding a private workshop for a prominent family business,

**THE END RESULT IS A MAP
YOU CAN NAVIGATE**



Contact Us :

Clere Consulting, LLC welcomes opportunities to discuss our services with families, family businesses and firms that are considering wellness and wellbeing in their relationships.

We frequently collaborate with other treatment providers to find solutions.

Clere's Team welcomes offers to visit with treatment programs and to speak at conferences.



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