

Caron Renaissance  
*Ocean Drive*<sup>®</sup>  
Preeminent Addiction Treatment

with support from  CLERE CONSULTING present



## Understanding and Helping Clients with Substance Abuse and Behavioral Health Issues in a Wealth Management Practice

### A Professional Development Program

Please join a select group of professionals for a groundbreaking symposium focusing on the science and art of working with high net worth individuals and families in the realm of mental health and substance abuse issues. Our panel of experts will share with you evidence and experience based interventions that have proven successful in treating a host of behavioral health disorders that plague individuals and families of wealth, power and celebrity.

While addictions and other mental health disorders present the greatest threat to a client's financial and physical well being, too few professionals have the proper skills to intervene in a way that enhances their relationship with their client while simultaneously providing the clinically and culturally astute care that is required. This unique professional development event will allow participants to access top professionals in a small, informal and highly confidential environment who will share their internationally renowned expertise and research.

### Friday, May 8, 2015

**1:00 – 6:00 PM**

Caron New York  
244 East 58th Street  
New York, NY 10022

### Dinner – 7:00 – 8:30 PM

The Capital Grille:  
NY Time Life Building  
120 West 51st Street  
New York, NY 10020  
212-246-0154

There is no fee for this program.

For more information or help with registration please call Gijyste Camaj at 610-743-6160.



Caron Renaissance Ocean Drive facility in Boca Raton, Florida

### Program

**1:00 – 1:15 PM** *Greeting and Welcome*, from **Doug Tieman**, CEO, Caron Treatment Centers, Orientation to the program by **Paul Hokemyer**, JD, PH.D., and **Todd Whitmer**, VP of New York Regional office, Caron

Lunch served

**1:15 – 2:00 PM** *Cultural Competency and Vulnerabilities in Working with Clients of Privilege or Fame* presented by **Paul Hokemeyer**, JD, Ph.D.

**2:00 – 2:45 PM** *Understanding and Treating High-Functioning Alcoholics* presented by **Sarah Allen Benton**, MS, LMHC, LPC

**2:45 – 3:15 PM** *Working with Families of Privilege: An Overview of The Ocean Drive Family Restructuring Model* presented by **Bradley F. Sorte**, MSW, MBA

**3:15 – 3:30 PM** Break

**3:30 – 4:15 PM** *How to Guide High Net Worth Individuals and Families into Recovery and Treatment* presented by **Sam Dresser** and **Doug Lyons**, Principles, Clere Consulting

**4:15 – 5:00 PM** *Success as a Risk Factor for Substance Abuse and Co-occurring Disorders: How to Intervene* presented by **Timothy Benson**, MD

**5:00 – 6:00 PM** All faculty members will provide time for questions, answers and case discussion

**6:00 – 7:00 PM** Break and then **7:00 PM** – Dinner at The Capital Grille: NY Time Life Building with faculty and Caron and Clere staff

Register online at [www.caron.org/caron-ny-symposium](http://www.caron.org/caron-ny-symposium)

## About the Presenters

**Dr. Paul Hokemeyer, J.D., Ph.D.** is the Senior Clinical Advisor to Caron Renaissance Ocean Drive in Boca Raton, Florida, the nation's premier elite addiction treatment program.



A licensed marriage and family therapist, he is an internationally recognized expert on the psychological and emotional issues that arise among people of wealth, power, and celebrity. He contributes regularly to a variety of media outlets as an on-air expert, and is a member of the Dr. Oz Show panel of experts and a FOX News Analyst. He has also appeared on *Good Morning America*, *The Today Show*, *CNN's Prime News*, *The Wall Street Journal Live*, *CNBC*, and *Al Jazeera America*. Dr. Hokemeyer is quoted regularly in print and online media, including *The New York Times*, *The Wall Street Journal*, *CNN.com*, *The Washington Post*, *WebMD* and *The Los Angeles Times* to name a few. His own research on wealth, power, and celebrity has been published in *Lambert Academic Press*, *The Journal of Wealth Management*, *Addiction Professional*, and *Family Therapy Magazine*.

Dr. Hokemeyer is based in Malibu, California and Manhattan. He served on the Board of Directors of the New York Association of Marriage and Family Therapists, is a Clinical Member of the American Association of Marriage and Family Therapists, and is also a certified Clinical Trauma Professional. A former attorney, judicial law clerk, and law review editor, Dr. Hokemeyer holds a B.A. in economics, an M.A. in clinical psychology, a Ph.D. in psychology, and a doctorate in law (J.D.).

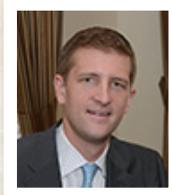
**Sarah Allen Benton, MS, LMHC, LPC,** is a therapist at Insight Counseling,



specializing in outpatient adolescent/young adult addiction and mental health services, behavioral health and family clinical care for clients of all ages in Ridgefield, Connecticut. She is also Co-Owner of Benton Behavioral Health Consulting, LLC. Sarah was formerly a Primary Therapist at Turning Point extended care program for addiction and mental health in New Haven, Connecticut and as a therapist at McLean Hospital in the McLean Brook transitional living program for dual-diagnosis. She is author of the book *Understanding the High-Functioning Alcoholic*, a highly acclaimed work about addictions becoming

masked by professional success and privilege. Sarah has been featured in the New York Times and has appeared on *The Oprah Winfrey Show*, *CBS Early Show* and *NPR*. She has presented in many venues including the Harvard Addiction Conference, Harvard Medical School and physician, nurse and dental assistance program conferences.

**Bradley F. Sorte, MSW, MBA,** Primary Therapist, Caron, Ocean Drive, holds a Masters of Social Work degree and a Masters of Business Administration degree from Florida Atlantic University, a Bachelor of Arts degree in Psychology from Rice University and a Bachelor of Science degree in Legal Studies from Kaplan University. Prior to joining Caron Ocean Drive, Brad worked as a family therapist at Caron Renaissance since 2011, where he facilitated daily group sessions with current patients, family workshops and the Residential Family Restructuring Program. Prior to his work at Caron Renaissance, Brad worked as a therapist at The Watershed of the Palm Beaches. Brad has a passion for looking at the entire family system when helping a patient heal from addiction.



**Sam Dresser** has more than 20 years' experience as a Licensed Alcohol and Drug Counselor and also holds a Master's in Business Administration. He has presented nationally and internationally to financial and business leaders serving family enterprises. He is a key advisor to many top family business consultants, family office professionals, and their clients impacted by substance abuse and mental health issues. He works closely with Clere's clients to create tailored, evidenced based long-term strategies and best practices that yield results.



Sam founded Clere Consulting with Doug Lyons after 15 years with the Hazelden Foundation. There he led and executed several key strategic initiatives including the design and implementation of Hazelden's first EMR, followed by the pioneering MORE Program®.

Sam did his undergraduate work at St. Olaf College and Bethel University and received his MBA from the University of St. Thomas. He is a Hazelden-trained addiction professional; a Family Firm Institute trained family business advisor, and a former Clinical Director at Hazelden. Sam founded Clere to help families and their advisors successfully engage in long-term solutions that engage and move the wider family-business-financial systems towards a supportive foundation for wellness.

**Douglas Lyons, B. A., C.A.D.C.II** is Co-Owner of Clere Consulting. Doug is a Certified Alcohol and Drug Counselor and served nearly 16 years at Hazelden Springbrook. Doug chaired Hazelden Springbrook's Clinical Leadership Team and Co-Chaired Hazelden's National Chemical Dependency Team. He served as the Evaluation Coordinator at Hazelden Springbrook where he became an expert at the evaluation of physicians, high profile public figures, and other professionals. Doug has conducted education and interventions for over 18 years. After leaving Hazelden in 2007, he served for over two years as a family wealth advisor with MCS Financial Advisors, assisting client families with the complexities of addiction and behavioral disorders. Doug has presented on the subject of addiction to multiple national and international audiences including The Family Firm Institute's International Conference in Chicago, The Hazelden Foundation's Lecture Series in Minnesota, and in 2012, Doug was invited by The Family Firm Institute to speak again in Brussels, Belgium.



**Dr. Timothy Gerard Benson** is a clinical instructor in psychiatry at Harvard Medical School. In his private practice he specializes in treating elite athletes and high achievers in business and academia. He is author of *Surviving Success: 7 Critical Skills Needed to Thrive under the Pressures of the Athletic, Academic & Professional Spotlight* released in February 2015, and is currently a best seller on Amazon. Dr. Benson pursued his dream of becoming a doctor by accepting a Dean's scholarship at the University of Rochester, School of Medicine. After a residency at the Massachusetts General Hospital/McLean Hospital he served as the Chief Resident of Addictions. He was also the Medical Director at McLean Brook and has served a term on the American Psychiatric Association's Council of Addictions. His areas of expertise are in addiction treatment and fostering resilience in athletes and entrepreneurs. His presentations include: "Million Dollar Athletes: Psychological Development, Vulnerabilities and Resilience" and "Treating High Achievers: Essentials for Surviving Success". He has been an invited discussant at Harvard Business School and Wharton School of Business to address the psychological dynamics of being the first in the family to reach certain social, economic and educational milestones.



Register online at [www.caron.org/caron-ny-symposium](http://www.caron.org/caron-ny-symposium)