



Samuel Dresser, M.B.A., L.A.D.C. Principal

Sam Dresser has over 18 years experience as a Licensed Alcohol and Drug Counselor and also holds a Masters in Business Administration. His areas of expertise are: addiction education and awareness, the clinical needs of the affluent/prominent demographic (as well as high-level professionals), family dynamics generated by addiction, effectual leverage techniques to encourage addicts and alcoholics to seek help, reintegrating addicts into family systems and tailoring strategies for post-treatment recovery.

Sam is a well-recognized and solicited presenter/writer in the field*. His wide array of clinical skills, business acumen and demonstrated leadership ensure that Clere Consulting consistently delivers durable results.

Prior to founding Clere Consulting with Judson Bemis and Doug Lyons, Sam served as a counselor, clinical supervisor and clinical director at the Hazelden Foundation. As clinical director, he led the design and implementation of post-treatment services, a pioneering aftercare model called The MORE Program, the main tenets of which are outcome-based clinical strategies for long-term recovery and relapse prevention.

With his business background, Sam has emerged as an in-demand resource where addiction, affluence and business intersect, primarily in family business settings. He provides expert advice to addicts and their families, as well as their advisors and trustees, on the complexities that arise when family enterprises are affected by addiction treatment and recovery. He has a proven understanding of the connection between addiction and affluence and the challenge of sustainable recovery for those who experience a different set of consequences as a result of such privilege.

In this particular segment of his work, Sam specializes in collaborating with single/multifamily offices, attorneys and advisors to family businesses to create tailored, long-term, effective strategies to positively promote change in addicted family members and employees. He is also proficient in facilitating/moderating conflict among ownership groups, collaboration and consultation with other advisors on succession planning, and coaching recovering executives. His family business consulting does include circumstances where addiction is a non-factor, but conflicts and behavioral issues are affecting the family and business.

Sam attended St. Olaf College and Bethel University and received his MBA from the University of St. Thomas. He has been sober since December 11, 1989.

Recent Presentations & Articles

Presentations

- 1) Family Office Exchange (FOX) – Family Businesses, Client Managers and Beneficiaries: A Practical and Results-Oriented Approach to Addiction in Client Families
- 2) Society for Trust and Estate Planners (STEP) – Addiction in the Family Business (London, UK)

Articles

- 1) Financial Managers and Dysfunctional Clients: Addiction's Effect on Staff Morale and Fiduciary Responsibilities in the Family and Wealth Management Offices
- 2) The Demise of Trustee Discretion and Ascertainable Standards as Effective Controls on Dysfunctional and Underperforming Beneficiaries: Solutions for Trustees



Doug Lyons C.A.D.C II Principal

Doug Lyons has over 20 years experience as a Certified Alcohol and Drug counselor and holds a Certificate in Family Business Advising from the Family Firm Institute. His expertise is in chemical dependency evaluations, interventions, treatment delivery and working effectively in collaborative settings with multi-family offices and wealth advisors. He is a highly-sought after lecturer and speaker, having presented to the Family Firm Institute, the Northwest Institute of Addiction Studies and the Hazelden Foundation's continuing education programs.

In his 15 years with the Hazelden Springbrook Treatment Center, Doug chaired its Clinical Leadership Team, co-chaired the Hazelden Foundation's National Chemical Dependency Health Team and was the Director of Clinical Services for seven years. In an earlier role as Chemical Dependency Evaluation Director, he conducted or supervised over 2,400 chemical dependency evaluations for celebrities and high-profile public figures as well as airline pilots, CPAs, lawyers and physicians.

Prior to founding Clere Consulting with Judson Bemis and Sam Dresser, Doug worked for a wealth management firm as a family wealth advisor, assisting client families with the complexities of addiction and other dysfunctions.

Through the Family Firm Institute, Doug has been a regular presence at their conferences and a resource for their members. He addressed a multi-national audience at a conference in Chicago in 2005 and has been invited to speak on addiction at the 2012 Family Firm Institute conference in Brussels, Belgium.

Doug served as Vice President and Executive Board member for the Oregon Prevention, Education and Recovery Association, a consortium of all major chemical dependency treatment providers in the state of Oregon, from 2005-2007. He later served, from 2008-2010, on the Finance Committee and Executive Board of the Laurel Hill Center, a nationally-recognized, non-profit organization dedicated to assisting the chronically mentally ill.

Doug currently sits on the Executive Board of Lines for Life (formerly the Oregon Partnership), a nationally-recognized, non-profit organization whose mission is to end substance abuse and prevent suicide.

Doug has a degree in Management and Organizational Leadership from George Fox University. He has been sober since November 18, 1989.



Amy Prouty, MSW, C.A.D.C | Associate

Amy Prouty is a Certified Alcohol and Drug Counselor with extensive experience in treating addiction and expertise in parent/child dynamics. Her role as Associate with Clere Consulting calls upon her specific skills in formal assessments of enabling behavior and proven tactics to eliminate it, relationship facilitation (focused on clearly-defined expectations and recovering addict reintegration into the family unit) and, building on this, the development and execution of working contracts between parents and young adults – a linchpin in the Clere Process.

Prior to joining Clere Consulting, Prouty was in private practice, Strategic Intervention and Recovery Services, for three years in Lake Oswego, OR. Her focuses included client workshop facilitation, Johnson Model and invitational interventions, recovery coaching, treatment center matching and treatment center liaison and case management. She was the exclusive continuing care referral source for graduates of Hazelden Springbrook Treatment Center.

Before launching Strategic Intervention and Recovery Services, Prouty served as a focal therapist and family counselor at Hazelden Springbrook Treatment Center, getting her start as an evening/weekend counselor with the organization. Prouty began her work in the field of addiction as a counselor at Parrott Creek Ranch, a boy's residential treatment center for court-mandated patients.

In between her stints at Parrott Creek Ranch and Hazelden Springbrook Treatment Center, Prouty managed a staff of 12 at the Oregon Children's Foundation's SMART (Start Making A Reader Today) Program, championing the importance of early literacy as a foundation for academic success and emotional wellbeing. While with SMART, she recruited 1,000 volunteers to read with two children (ranging from grades one through three) for one hour each week and also supervised its development activities.

Prouty received her BA from the University of Portland and her Masters in Social Work from Portland State University.



Glenn Brasington, Ph.D., M.S.

Dr. Glenn Brasington has over 30 years of experience in treating addiction and behavioral health. His areas of expertise include: addiction assessment and treatment, cognitive and behavioral therapy, depression and anxiety treatment, individual and family therapy as well as trauma resolution.

Brasington has spent the majority of his professional life in the addiction/co-occurring disorder field and, thus, is an integral part of the solutions Clere Consulting develops for its clients.

Prior to his association with Clere Consulting, he was Consulting Psychologist, working closely with Doug Lyons, at Hazelden Springbrook Treatment Center. In his 18 years there, he provided psychological assessments, educational lectures and treatment to patients along with training, supervision and support for staff.

Before joining Hazelden, he worked with Tuality Hospital, Serenity Lane Chemical Dependency Treatment Center and the Archdiocese of Portland (OR). He also was the Clinical Director for Annand Counseling Center and a founding member of Ridgecrest Associates – Addiction Assessment and Treatment Specialists.

Brasington lived in Hawaii after finishing his academic training and, while there, developed and directed a treatment program for Vietnam veterans. He also treated youths at the Interim Home Adolescent Treatment Center in Hilo, worked at the Women's Crisis Shelter and Hospice of Hawaii, while maintaining his private practice, and, in tandem with the Hilo Counseling Center, attended to special needs children in local schools.

Brasington is a High Honors graduate of the University of Florida, where he volunteered for a suicide and crisis service, and later earned his M.S. and Ph.D. in Counseling Psychology from Colorado State University.



Tamara Tinkham, Psy.D. LP

Dr. Tinkham has over 20 years of experience in the behavioral health field. Her areas of expertise include: chemical dependency, coaching mothers and other family members (when their adult children are addicted), co-occurring disorders, eating disorders as well as mood and anxiety disorders. She is especially proficient with mental health assessment, clinical supervision and psychotherapy and is a sought after interventionist and facilitator of family meetings. Given the complexity of addiction, her work with co-occurring disorders has proven indispensable to Clere Consulting and its clients.

Since 2000, Dr. Tinkham has led a very successful, Minneapolis and Stillwater, MN-based private practice, where she brings her skills and knowledge of best practices and empirically-validated approaches and blends them with the warmth and creativity needed for positive outcomes.

Dr. Tinkham worked at the Hazelden Foundation for four years as a staff psychologist on the Lilly Unit (women's inpatient) and at the fellowship club (halfway house). She has also served as a consulting psychologist at several non-profits and universities, including the University of Wisconsin-Madison, the University of Minnesota-Twin Cities and Minnesota State University-Mankato.

Dr. Tinkham is an Honors graduate of the University of Wisconsin-Madison, where she also completed her clinical internship. She earned her Doctorate Degree in Clinical Psychology from The Minnesota School of Professional Psychology.

In addition to her professional life, Tamara is the mother of James and Delaney, born less than a minute apart! She enjoys reading, gardening, socializing, and traveling. She brings humor, empathy, warmth and patience to all of her working relationships.