



Amy Prouty, MSW, C.A.D.C | Partner

Amy Prouty is a Certified Alcohol and Drug Counselor with extensive experience in treating addiction and expertise in parent/child dynamics. Her role with Clere Consulting calls upon her specific skills in assessing and eliminating enabling behaviors, facilitating relationships (especially defining expectations and reintegrating recovering addicts into the family) and developing and executing working contracts between parents and young adults – a linchpin in the Clere Process.

Before joining Clere Consulting, Prouty was in private practice at Strategic Intervention and Recovery Services for three years in Lake Oswego, OR. Her areas of focus included client workshop facilitation, Johnson Model and invitational interventions, recovery coaching, treatment center matching and liaison, and case management. She was the exclusive continuing care referral source for graduates of Hazelden’s Treatment Center in Springbrook, OR.

Before launching Strategic Intervention and Recovery Services, Prouty served as a focal therapist and family counselor at Hazelden in Springbrook, getting her start as an evening and weekend counselor with the organization.

Prouty began her work in the field of addiction as a counselor at Parrott Creek Ranch, a boys’ residential treatment center for court-mandated patients.

In between her stints at Parrott Creek Ranch and Hazelden in Springbrook, Prouty managed a staff of 12 at the Oregon Children’s Foundation SMART (Start Making a Reader Today) Program, championing the importance of early literacy as a foundation for academic success and emotional wellbeing. While with SMART, she supervised development activities and recruited 1,000 volunteers to read with two children (ranging from grades one through three) for one hour each week.

Prouty received her Bachelor’s from the University of Portland and her Master’s in Social Work from Portland State University.